
NEWSLETTER

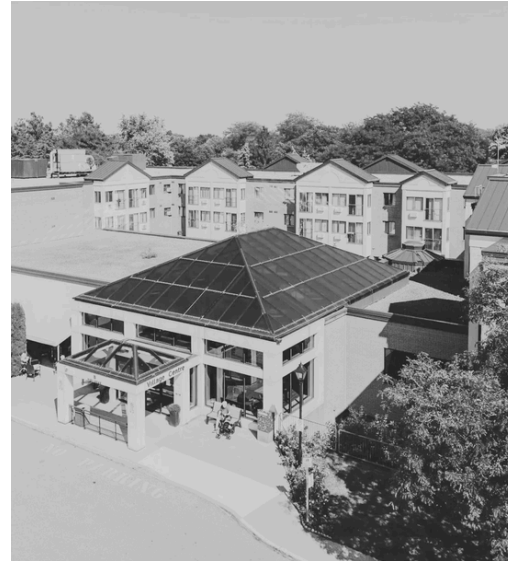
www.niagarainagrafton.ca

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October 2026

CEO UPDATE

Happy Fall Residents! As you will note we are well underway with the large roofing and HVAC project on the roof of our E building. Many trucks will be stationed around the E building for the next few months. Please be careful in that area and remember to drive slow in the parking lot. In other updates, the automatic sliding doors in D Building were replaced.



The coming weekend is Thanksgiving! I do hope you all enjoy some turkey or have time to gather with family or friends to celebrate.

As a reminder, there are several multi-purpose spaces throughout the village that our residents can reserve for functions. IUnbelievable as it sounds, our team are already hard at work planning for the Christmas season at Niagara Ina Grafton. Watch for news of Resident Christmas banquet info coming your way in our next issue. If you want to invite family and friends for a special celebration and your unit is just not going to be large enough, reach out to the main desk at extension 221 to ask about reserving one of these spaces for your function.

Happy Thanksgiving!

FOUNDATION NEWS

This month the Foundation funded the replacement of all three gazebo roof tops! This will preserve the enjoyment of these spots on the property for all residents for some time to come. They will also get a fresh staining to spruce them up in the spring. The gazebos are lovely shady spots to sit awhile and enjoy the summer or have a visit.

More information will be coming out in our next issue on how you can continue to support our Foundation in our Christmas Giving Campaign 2026. In the meantime, anyone can sign up for ongoing giving or consider a special bequest in your will. Your bequest, irrespective of size, is a testimony of trust and hope in our mission. It is a way to leave a lasting legacy, ensuring that your values of compassion and care continue to flourish within the Niagara Ina Grafton community.



LONG TERM CARE HOME HIGHLIGHTS



Celebrating Two Years of Our PSW Living Classroom!

This November marks two years of our PSW Living Classroom partnership with triOS College, and what an incredible journey it has been! We are so grateful to everyone in our community who has welcomed the students, shared their time and experiences, and supported this wonderful learning opportunity. We're also excited to welcome another group of PSW students who will soon be starting their Living Classroom experience!

For those who may not know, a "Living Classroom" gives students the opportunity to gain hands-on experience in a real-life healthcare environment, build meaningful relationships with residents, and put their classroom learning into practice, all while becoming a valued part of our community.

A heartfelt thank you to everyone who has contributed to making the Living Classroom such a success over the past two years. Your support makes a real difference!

Please be sure to say hello and give our new students a warm welcome when you see them!

MEAL SERVICES

NIFTY NOOK CAFÉ

Stop by our Café, located in B Building, and enjoy delicious bakery treats, freshly made sandwiches and a variety of hot beverages, all served with a smile by our dedicated volunteers. Every visit supports a welcoming community space where great food and friendly faces come together.



Monday to Friday from 10 am - Noon and
Weekends from Noon - 2 pm

FROZEN MEALS



Bring the taste of home to your table with Niagara Ina Grafton's Satellite Meal Service. Our frozen, ready-to-heat meals are prepared weekly with quality ingredients and balanced nutrition, making healthy eating easy, convenient, and affordable.

Orders are accepted until 10:00 am on Thursdays.

By Phone: 905-935-6080 at Extension 228 (leave message on our dedicated voicemail) OR order in person.)

MEAL SERVICES

As Thanksgiving approaches, we take time to celebrate gratitude, community and the wonderful traditions that bring people together around the table. In Canada, Thanksgiving has its roots in harvest celebrations, when families and communities gathered to give thanks for a successful growing season and to enjoy the abundance of local foods.

Many of the traditional foods served at Thanksgiving reflect the fall harvest and have been enjoyed for generations. Turkey, stuffing, potatoes, squash, corn, cranberries, and pumpkin pie became staples of the Thanksgiving meal because they were readily available during the autumn season. These comforting dishes continue to be cherished today, reminding us of the connection between food, family, and gratitude.

Here at Niagara Ina Grafton, we will be celebrating Thanksgiving with a special dinner for our residents, featuring seasonal flavours inspired by this beloved tradition. Over the coming months, you will also notice more autumn and winter inspired dishes appearing on our menu.

Our culinary team looks forward to bringing the warm, comforting flavours of the season to your table, highlighting classic favourites and seasonal ingredients that make this time of year so special. We wish all our residents, families, volunteers, and staff a wonderful Thanksgiving filled with gratitude, comfort, and delicious food.

Check out our website at www.niagarainagrafton.ca and click the “Resident Quick links” to see highlighted social and wellness events.

VOLUNTEER SERVICES

This month, we are proud to recognize Ellie Doherty who for the past three years has generously volunteered in both our Nifty Nook Gift Shop and Nifty Nook Cafe'. Ellie is known for her friendly smile, and genuine kindness toward residents, families and visitors. Her cheerful presence and willingness to help make both spaces feel inviting and connected.



We are grateful for the time, care and positive energy Ellie brings to our village community.

MEMORIALS



Long Term Care
Alfred Colangelo
Sep. 13th

"Forever in our
Hearts"

Publication of death
notices is contingent
upon notification and
approval.

RESIDENT SERVICES

TIMELESS HAIR SALON:

(905) 935-6080, Ext. 229 (A/B Bldg.)
or Ext. 253 (D/E Bldg.)

NIFTY NOOK GIFT SHOP:

Open Monday **11 am to 1 pm**,
Tuesday to Friday. 10 am to 2 pm

NIFTY NOOK CAFE:

10am to 12pm Mon. -Fri. & 12pm to
2pm Sat. - Sun.

VON EXERCISE PROGRAM:

Emily Eastman

emily.eastman@von.ca (Schedule
on bulletin boards)

MOBILITY EQUIPMENT SERVICES:

Mobility equipment repairs (289)
786-0088

SOCIALS AND OUTINGS

SHOPPING Dollarstore, Grocery Store, Thrift Store Mon. October 26th, (1:00pm–3:30pm). Meeting place at the Front Atrium. (**No shopping trip on Thanksgiving Monday**)

Sunshine Singers Choir: Tuesday, October 13th (2:00 pm–3:00 pm)
Village Centre - Auditorium

Queen's Coach Restaurant lunch: Monday, October 19th, (12 pm–2: 30 pm)
11:30 am loading back at 2: 30 pm

VILLAGE KARAOKE SOCIAL: Wednesday, October 21st, (1:30 PM –2:30PM) -Village Centre Auditorium

VILLAGE BUS TRIP: CASINO Friday, October 23rd (11:00 am – 2: 00 PM) 10:30 am loading Village Centre

STANDING ACTIVITIES: Bible Studies, Chapel, Chair Exercises, Digital Wednesday (By appointment only), Harp Player. Philosophy Group, Bingos, Shufflebaord

