

SEPTEMBER 2026 - WELLNESS MONTH

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 1:30 PM: MUSIC WITH JANE (FA) 6: 00 PM : CORNHOLE (ABP)	2 11:00 AM :CHAIR EXERCISES: CEDAR RM 1:30 PM- 3:00 PM: BROCK UNIVERSITY INFORMATION SESSION: (AUD) 6:00 PM: BINGO:(ABL)	3 1:30 PM: LEAFING THROUGH THE PAGES READING GROUP (LIB)	4 2:00 PM: VILLAGE BINGO (CAFE')	5 1:00PM: COLOURING CLUB:(ABL)
7 LABOUR DAY HOLIDAY 6:00 PM SHUFFLEBOARD (AUD)	8 1:30 PM: MUSIC WITH JANE (FA) 6: 00 PM: CORNHOLE (ABP) 	9 10:00 AM: BIBLE STUDIES:(LIB) 11:00 AM -CHAIR EXERCISES: CEDAR RM 6:00 PM:BINGO:(ABL) 6:30 PM:BOWLING (BA)	10 10:00 AM :CHAPEL TRILLIUM UNITED 12:30 PM-2: 30 PM:CATS CABOOSE LUNCH - 1:30 PM: LEAFING THROUGH THE PAGES READING GROUP:(LIB)	11 2:00 PM: VILLAGE BINGO (CAFE') 	12 1:00PM: COLOURING CLUB:(ABL)
14 9:00 AM - 11: 30 AM : VILLAGE SHOPPING (FA) - 6:00 PM SHUFFLEBOARD (AUD)	15 1:30 PM: MUSIC WITH JANE (FA) 1:30 PM-2:30 PM:STRONGER MEMORY PRESENTATION W/ LILIAN LUM: ELM RM 6: 00 PM : CORNHOLE (ABP)	16 10:00 AM: BIBLE STUDIES:(LIB) 11:00 AM -CHAIR EXERCISES: CEDAR RM 6:00 PM: BINGO:(ABL) 6:30 PM:BOWLING (BA)	17 10:00AM: CHAPEL ST.GEORGE'S 1:30 PM: LEAFING THROUGH THE PAGES READING GROUP (LIB)	18 10:00 AM CHAPEL ST.ALFRED'S 10:00 AM - 12:30 PM :BAKING CLASS \$6.00 2:00 PM: VILLAGE BINGO (CAFE')	19 1:00PM: COLOURING CLUB:(ABL)
21 6:00 PM SHUFFLEBOARD (AUD) 1:30 PM-2:30 PM:"WINDOW INTO THE WILD" WILDLIFE PHOTOGRAPHY PRESENTATION:(AUD) 	22 1:30 PM: MUSIC WITH JANE (FA) 1: 30 PM-2: 30 PM "ALL ABOUT GRIEF" PRESENTATION BY SUSAN K (ABL) 6: 00 PM : CORNHOLE (ABP)	23 10:00 AM: BIBLE STUDIES:(LIB) 11:00 AM -CHAIR EXERCISES: CEDAR RM 1: 30 PM- 3: 00 PM: "THOSE WERE THE DAYS MY FRIENDS" MUSIC PRODUCTION: (AUD) 6:00 PM: BINGO: (ABL) 6:30 PM:BOWLING (BA) 	24 1:30 PM: FALL MUSIC SOCIAL W/ MARK CORMAN (AUD) 1: 30 PM: LEAFING THROUGH THE PAGES READING GROUP (LIB) LOCATIONS LEGEND: (FA) – FRONT ATRIUM, (ABL) – A BUILD. LOUNGE, (ABP) – A BUILD. PATIO, (AR) – ACTIVITY RM., (AUD) – AUDITORIUM, (CY) – COURTYARD, (DR) – DINING RM., (DB) D BUILD. MULTI PURPOSE RM., (EB) – E BUILD., MULTI PURPOSE RM., (ELM) – ELM RM. BASEMENT, (LIB) – LIBRARY, (VA) – VILLAGE AWNING, (BA) – BOWLING ALLEY, (CDR)–CEDAR ROOM BASEMENT *PROGRAMS SUBJECT TO CHANGE	25 2:00 PM: VILLAGE BINGO (CAFE') 	26 1:00PM: COLOURING CLUB:(ABL)
28 1:00PM-3:30PM: VILLAGE SHOPPING (FA) - 6:00 PM SHUFFLEBOARD (AUD)	29 1:30 PM: MUSIC WITH JANE (FA) 6: 00 PM : CORNHOLE (ABP)	30 10:00 AM: BIBLE STUDIES:(LIB) 11:00 AM -CHAIR EXERCISES: CEDAR RM 1:00 PM: BRAIN GAMES:(ABL)			