



# MAY VILLAGE NEWS

## ANNOUNCEMENTS & SPECIAL EVENTS

### LOOKING FOR VOLUNTEERS

We are looking individuals to re-upholster chairs  
If willing & interested, stop by Administration for full details.

### MUSIC WITH JANE EVERY TUESDAY

1:30 – 2:30 pm, Atrium



### DIGITAL WEDNESDAYS

### Ipad, Iphone, Computer Tutoring Starting May 1<sup>st</sup> – September

By Appointment Only  
Call Liz 905 – 684-5832



### BEGINNER CHAIR YOGA EVERY WEDNESDAY

11 – 11:30 am

Lower Level, Cedar Room  
**FREE** Resident Lead Activity!

### VILLAGE BUS FOR SHOPPING Walmart, DollarTree, Goodwill Monday, May 11, 2026

1 – 3:30 pm

Loads: 12:45 pm

Assistance Available

Sign-up located at Administration



### VILLAGE PASTA NIGHT

### Thursday, May 14, 2026 @ 5:30 pm

Tickets Sales Start: May 4, 2026

Cost: \$25.00 – 80 spots available

**(no assigned seating)**

### Featuring:

Spaghetti & Meatballs

Salad, Garlic Bread

Dessert & Drink



### VICTORIA DAY BBQ

### Monday, May 18, 2026

11 am – 12:30 pm - \$6

Village Centre, Outdoor Patio

Entertainment: Mark Corman



### VILLAGE BUS TO CASINO

### Monday, May 25, 2026

11 am – 2 pm

Loads: 10:30 am

Bus Fee: \$5

Sign-up located at Administration



### BAKING WITH BANANAS

### Tuesday, May 26, 2026

10 am – 12:30 pm, A Lounge

Cost: \$6, sign-up with Mary ext. 224



### BRAIN GAMES

### Wednesday, May 27, 2026

1 – 2 pm, A Lounge

# RESIDENT SERVICES

## TIMELESS HAIR SALON

Hair care services are available to all residents at Ina Grafton, Call (905) 935-6080, Ext. 229 (A/B Bldg.) or Ext. 253 (D/E Bldg.) to make personal arrangements.

## ALIGN HOME HEALTHCARE MOBILITY EQUIPMENT SERVICES

Mobility equipment repairs are available by calling (289) 786-0088, Ext. 1 and booking a personal appointment with a service representative.

## VON EXERCISE PROGRAM

Schedules are posted on bulletin boards and are available at Administration. Program Advisor: Emily Eastman [emily.eastman@von.ca](mailto:emily.eastman@von.ca)

## SATELLITE MEAL PROGRAM (SMS)

Details about our take-home frozen meal program available at Administration Office.

**The Nifty Nook Gift Shop** – Hours of operation: 10 am to 2 pm, Monday to Friday.

**The Nifty Nook Café – OPEN 7 DAYS A WEEK.** Monday to Friday from 10 am to noon, Saturday & Sunday Noon – 2 pm. Looking for Saturday Volunteers, Call Mary Gordon at 905-935-6080, ext. 224

## PROGRAM UPDATES

**Bridge Club** occurs every Monday at 1 pm in D Multipurpose Rm. All welcome. Contact Ann 905-934-0886

**Corn Hole** occurs every Tuesday from 6 – 8 pm, Auditorium

**Euchre** occurs every Tuesday from 2-4 pm, 2<sup>ND</sup> Floor Card Room, B Building

**Let's Bowl** occurs every Wednesday at 6:30 pm in the bowling alley, lower level

**Writing Group** occurs 2<sup>nd</sup> Wednesday every month at 2 pm, "E" Multipurpose room

**Bible Study Class** occurs every Wednesday at 10 am in the "A" Lounge

**Digital Wednesdays** contact Liz 905-246-6327 for more information

**Brockview Bible Chapel** will be represented the 1<sup>st</sup> Thursday every month in the chapel at 10 am

**Trillium United** will be represented the 2<sup>nd</sup> Thursday of every month in the chapel at 10 am

**St. George's** will be represented the 3<sup>rd</sup> Thursday of every month in the chapel at 10 am

**Leafing Through the Pages Book Club** occurs every Thursday at 1:30 pm in the Chapel

**Catholic Mass** occurs on the 3<sup>rd</sup> Friday of every month in the chapel at 10:15 am by St. Alfred's Church.

**Bingo** occurs every Friday from 2 to 3:30 pm in the Village Centre Café as well as every Wednesday from 6 to 7:30 pm in the A Lounge. Come on out for some fun with friends and your chance to win.

**Colour Me Calm** – occurs every Saturday from 1 – 2 pm in the A Lounge

**Saturday Evening Bingo** occurs every Saturday in the "D" Bldg. Multipurpose Room from 7 – 8:30 pm.

**Pool** is open Monday to Friday from 8 am to 4 pm for your swimming and exercise needs. 18 years or older. Must be at least 2 people in the pool at all times. Resident classes Monday, Wednesday, Friday from 9:30 to 10:30 am

**Recreation/Fitness Centre** lower level "B" Bldg. is open to all residents. To book a one-on-one orientation, please contact Doug Lynn at 905-935-8064.