STONE ROAD VILLAGE JULY NEWS

REMINDERS & SPECIAL EVENTS

CANADA DAY BBQ Tuesday, July 1, 2025

Warren Maybee Room @ 5 pm Entertainment by: Diane Unger @ 6 pm (Administration Closed)

FIRE ALARM TESTING

1ST Wednesday Every Month

If you hear bells at any other time, it is <u>not</u> a test!

RESIDENTS' COUNCIL MEETING 3RD Wednesday Every Month (No July or August)

Warren Maybee Room - 10 am



EXCURSIONS

BUS TRIP TO PEN CENTRE

1st & 3RD Tuesday of the Month

The Village Bus will arrive at your location to receive passengers for 9:30 am and will drop you off at the Pen Centre for 10 am, so you can complete your desired errands.

We look forward to seeing you! The bus returns to Stone Road for a 1:30 pm arrival so be sure to leave yourself plenty of time to get back on! The bus starts loading at 1 pm. The sign-up sheet is always posted in the lobby and there is a minimum requirement of 6 passengers for the bus to go.

FEELING ADVENTUROUS

Transport on Demand is a great way to get around Niagara on the Lake or to connect at Niagara College with regional transport including GoBus/Train combo to Toronto. For more information or to register and make arrangements go online or call 1-833-678-5463. As about the "Presto" card with reduced rates for seniors.

NIAGARA ON THE LAKE CALENDAR OF EVENTS

Interested in what's happening near you? Visit this free website for event information: www.Howard8Niagara.com or the Niagara on the Lake Chamber of Commerce site at www.niagaraonthelake.com

GAMES & ENTERTAINMENT

WARREN MAYBEE ROOM

CARDS - occurs every Tuesday at 7 pm

COFFEE TIME - occurs every Wednesday at 10 am

GAMES/CARDS - occurs every Thursday at 1:30 pm

HAPPY HOUR - occurs the 3rd Friday of the month at 4:30 pm

CLIENT SERVICES

SEWING & ALTERATIONS BY NADIA

Nadia's sewing and alteration services are available on-site on pre-arranged dates in the Warren Maybee Room. Please look for sign-up sheet in the main lobby.

HAIR DRESSING SERVICES

Hair dressing services by Mary are available to all residents of Stone Road Village. Please contact Linda Lou Garton at 289-868-9371 who will facilitate appointment bookings on Mary's behalf. Thank you.

VILLAGE NEWS

If you have any updates or information to be included in the next Village News, send to: dkopeschny@niagarainagrafton.ca

Be sure to check out the bulletin board in the lobby for upcoming events and ways to get connected!!

SUMMER SAFETY TIPS For Seniors

- Stay away from direct sun exposure from 10 am to 4 pm
- Avoid strenuous activities & stay rested
- Wear light-coloured loose clothing & sunglasses
- Place a cool washcloth on the back of your neck
- Take cool showers and baths
- Use fans & air conditioning units or spend time in airconditioned spaces
- Use sunscreen to avoid sunburn
- Drink plenty of water & eat fresh food