

THE VILLAGE NEWS

Friday, May 3, 2024

ANNOUNCEMENTS & SPECIAL EVENTS

NEW SIGNAGE

Signs have recently been placed around the Village to indicate where the emergency eye wash stations are located in each of the buildings. These signs are primarily green with white symbols. We ask that you **DO NOT** remove them as they are a **requirement** for Occupational Health and Safety.

HAPPY MOTHER'S DAY Sunday, May 12, 2024



VICTORIA DAY CELEBRATION BBQ Monday, May 20 @ 11 am Tickets \$6 at event



Join us for a
Hamburger & toppings
(tomato, onion, relish,
ketchup, mustard)
Potato Salad
Watermelon
Drink

EVERY WEDNESDAY & FRIDAY CHAIR & HATHA YOGA

"D" Multipurpose Room
11-11:30 am



Sign up & purchase passes at the Administration Office. All levels welcome! Look for detailed information on bulletin boards and TV systems throughout the Village property.

NEW VON EXERCISE PROGRAM Formerly Lifemark

Starting April 1, 2024, VON will be taking over the exercise program hosted in both the "D" Multipurpose Room and the Cedar Room. A new schedule will be available at the Administration desk. Schedules have been posted on bulletin boards in all Village buildings as well as on the TV system.

SATELLITE MEAL PROGRAM (SMS)

If you wish to obtain details about our take-home frozen meal program, please pick up the information package at the Administration Office.

CLIENT SERVICES

TIMELESS HAIR SALON

Hair care services are available to all residents at Ina Grafton. Call (905) 935-6080, Ext. 229 (A/B Bldg.) or Ext. 253 (D/E Bldg.) to make personal arrangements.

ALIGN HOME HEALTH CARE MOBILITY EQUIPMENT SERVICES

Mobility equipment repair is available by individual arrangements within your unit by calling (289) 786-0088, Ext. 1 and asking for a service representative.

NIAGARA MOBILE FOOT CARE SERVICES

In-home visits made by calling by calling (905) 708-9817. A foot care nurse will assess your foot care needs, book you an appointment and provide the required care.

The Nifty Nook Gift Shop – Hours of operation: 10 am to 2 pm, Monday to Friday.

The Nifty Nook Café – OPEN 7 DAYS A WEEK. Monday to Friday from 10 am to noon, Saturday & Sunday Noon – 2 pm.

PROGRAM UPDATES

Bible Study Class occurs every Tuesday at 10:15 am in the “A” Lounge. Everyone welcome.

Brockview Bible Chapel will be represented the 1st Thursday every month in the chapel at 10:30 am with Wendel DeVries! Welcome back Wendell.

Trillium United will be represented the 2nd Thursday of every month in the chapel at 10:30 am.

St. George’s will be represented the 3rd Thursday of every month in the chapel at 10:30 am.

Catholic Mass occurs on the 3rd Friday of every month in the chapel at 10:15 am by St. Alfred’s Church.

Movie Night occurs the 1st Thursday of every month at 6:30 pm in the lower-level Auditorium.

Bingo occurs every Friday from 2 to 3:30 pm in the lower level, Elm Room. Come on out for some fun with friends and your chance to win.

Saturday Evening Bingo occurs every Saturday in the “D” Bldg. Multipurpose Room from 7 – 9 pm.

Pool Exercise occurs every Monday, Wednesday & Friday from 10 – 11 am in the lower

Pool is open Monday to Friday from 8 am to 4 pm for your swimming and exercise needs. For use by persons 18 years or older. Must be at least 2 people in the pool at all times.

Recreation/Fitness Centre lower level “B” Bldg. is open to all residents. For a one-on-one orientation, please contact Doug Lynn at 905-935-8064.

